

**FAMILY MEDICINE**

PAPER – III

FLM/J/16/08/III

Time : 3 hours

Max. Marks : 100

**Important instructions:**

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. a) Screening for diabetes in pregnancy. 5+5  
b) Management of gestational diabetes.
2. a) List common substance abuse in adolescent boy in India. 5+5  
b) Explain how an adolescent smoking for the last 5 years can be helped to quit the habit.
3. What strategies can the primary care physician use to promote: 4+4+2  
a) Small family norm.  
b) Acceptance of 4<sup>th</sup> new born girl child in a family with no male child  
c) Health of pubertal girl child.
4. Discuss briefly the help a family physician can give to a family who has a: 5+5  
a) Down syndrome.  
b) Child with chronic epilepsy.
5. Diagnosis and management principles of: 4+4+2  
a) Autism.  
b) ADHD (Attention deficit hyperactive disorder).  
c) Dyslexia.
6. a) Principle of weaning in a breast-fed child. 5+5  
b) Principles of augmenting nutrition in a 1-year-old child who is underweight.
7. Outline the immunization(s) to be given to: 4+4+2  
a) A Pregnant woman.  
b) Elderly persons.  
c) Person traveling to Mecca for Haj.

**P.T.O.**

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8. a) What are the causes of central cyanosis in children detected at birth and upto 2 years age? 5+5  
b) Outline the management principles.
9. a) Enumerate the medical diseases in which pregnancy is contraindicated. 4+6  
b) What type of contraception should be offered in each case?
10. a) Enumerate the mental health disorders in adolescents. 2+(4+4)  
b) Diagnosis and management of any two of them.

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